Blood pressure is an erroneous medical measurement system

By: U McRory

Background: Blood pressure monitoring breaches basic laws of physics making it a dangerous medical measurement system that should be banned and discontinued.

Abstract: An investigation into blood pressure monitoring taking into account wisdom from Traditional Chinese Medicine (TCM).

False: A blood pressure cuff exerts a force or stress on the arm. This strain changes or deforms the arm's shape. On the surface, after removal of the blood pressure cuff, the arm will usually appear to return to normal, although there may be bruising or pain, however checks are not made on the tissue, veins or artery underneath. Over time damage could become permanent to the elasticity of the veins and artery. Too tight a cuff apparently creates a false high reading and too loose a false low. Mathematically it seems impossible that this harmful force compressing the brachial artery, perhaps even temporarily stopping the pulse, could result in any legitimate medical measurement. Furthermore these readings, which appear to be erroneous, can result in a person being given medication with significant side effects including dizziness, irregular heartbeat, fatigue, drowsiness etc. Blood testing usually accompanies this medication leading to further weakness, tiredness, vein damage and really a lower volume of blood in the body. A lower volume of blood could increase the risk of harm caused by blood pressure monitoring as there would be less blood to provide elasticity in the veins and arteries for measurement. In Traditional Chinese Medicine (TCM) 'blood' is a vital substance meaning that it should never be removed from the body. This wisdom provides the body with more nutrients by keeping blood but also it helps maintain elasticity in the veins and arteries. Women loose enough blood naturally through menstruation and childbirth so are particularly at risk from any further removal of blood from the body. Readings from the blood pressure machine while compressing the artery provide a reading during a harmful process to the human body and do not provide a reading of the body at normal or during status quo. The margins for error and human harm are too much to allow this to continue. Perhaps the 'silent killer' is not actually hypertension or high blood pressure but damage emanating from use of the blood pressure monitoring devices and resultant actions taken.

Faulty: One of the most basic questions is how clean is the cuff that it is being put around the arm as it is passed from person to person over the years? Is the machine working correctly? Has it fallen on the floor? How professional are any checks on the machine? The readings appear to be faulty medically and meaningless. Readings are proof of attempts to damage the body. Who checks or verifies what the readings mean?

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Flawed: Blood pressure monitors use a tight cuff to compress the brachial artery in the upper arm. Regularly this coincides with the location of vaccine scars. Arteries are key transport mechanisms to transport blood and other substances around the body. Putting unnecessary pressure on this artery, tissue, veins and scars is not consistent with improving anyone's health. Blood pressure monitoring tends to done regularly, sometimes with people being given 24 hour monitors or even using monitors at home. This tightening and release puts a force or stress on the body. If you crush a plastic bottle, for example, this results in a permanent change to the structure of the bottle. Putting pressure on the arm has the potential to physically create a deforming force. The arm experiences the stress and no checks are completed to see if there has been any permanent, semi-permanent or transitory damage to the arm, artery, scar, vein or tissue. At what point could tissue be damaged, veins burst or be damaged? To each action of tightening and releasing the blood pressure cuff, is there an equal and opposite reaction in the artery, veins, blood, skin, tissue or any other area of the body? The tightening of the cuff appears to cause deceleration of blood and attempts to almost stop the blood in the artery. The release of the cuff causes acceleration of blood rushing back through the body which would exert a force based on the mass of the blood and acceleration of this through the artery and veins. In physics this would equate to F = ma. To quantify, the additional, unnatural force is likely to exert extra pressure as this rush of blood is forced through the body. Furthermore, blood pressure monitoring is interfering with gravity. Some symptoms of the distress caused by this unnecessary force include pain at the site of the blood pressure cuff, numbness in the arm, tingling in the arm, pain in the head, dizziness, feeling unwell, perhaps even collapse and vein damage particularly in the arm(s). Laws of physics are universal and have been in place for many years. Blood pressure monitoring breaks these laws in a potentially harmful way. Hooke's law is only valid within the elastic limit. Outside of this permanent damage occurs. Blood pressure monitoring appears to be based on flawed science that disregards basic laws of physics.

Western medicine	Traditional Chinese Medicine (TCM)
Is blood pressure monitoring, western medication and blood testing really the 'silent killers' not the hypertension? Lack of common sense around medical procedures, measurements and medication as well as many side effects. Blood pressure monitoring – a flawed science. **FORBIDDEN**	'Blood' is a vital substance. Never remove blood from the body. TCM does not withdraw blood from the body. Blood pressure is not part of TCM. Instead there are diagnosis such as low energy 'qi xu' or blood deficiency 'blood xu'. There is no blood testing. Many common sense solutions include diet, rest, exercise and sleep.

Conclusion: Blood pressure monitoring breaches basic laws of physics risking permanent damage to the body as well. I propose banning this erroneous medical measurement!

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